



Presents



5th Annual Frog Jog 5K

Saturday, April 26th, 2008

East Butler County YMCA



9:00am



Name _____ Age on 4/26/08 _____ Sex: M F
 Address _____ City _____ State _____ Zip _____
 Day Phone #: _____ Evening Phone #: _____

T-shirt Size: (circle one) S M L XL XXL

Check one 5K Run 5K Walk Kid's Fun Run (10:15am) Series Races

Mail all registrations to: East Butler County YMCA~ 6645 Morris Road~ Hamilton, Ohio 45011

RACE COURSE: Race begins and ends at Fairfield East Elementary, and runs through Weathered Oaks subdivision. Maps are available at the Welcome Center or at the Race Day Registration Table. This is a USATF Certified 5K Race Course. Certification I.D. will be available race day.

PRE-REGISTRATION: \$20 for entries postmarked before April 18, 2008. \$25 for all entries starting on April 19, 2008. Any participants pre-registered may pick up their race packet beginning at 7:30 am race day. Race day registration fee is \$25. Fee includes race number, goodie bag and t-shirt. Late registration is not guaranteed a t-shirt. Make all checks payable to: East Butler County YMCA

AWARDS: Men and Women: 8-11, 12-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70 and over. Clydesdale 200 – 219 lbs. (male), Clydesdale 220 lbs. and over (male), Athena 160 lbs and over (female)

KIDS FUN RUN: The Kids Fun Run is FREE for children age 7 and younger. Ribbons go to all the children participants.



****2008 YMCA SUPER SERIES RACES: FROG JOG, LITE LOPE 9/28 AND TURKEY TROT 11/15. ALL 5K CERTIFIED RACES. COST IS \$54.00 FOR ALL 3 RACES. *****

GREAT MIAMI VALLEY YMCA

RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT

In consideration of being permitted to utilize the facilities, services and programs of the YMCA for any purpose, including, but not limited to observation or use of facilities or equipment, or participation in any off-site program affiliated with the YMCA, the undersigned, for himself or herself and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will, inspect and carefully consider such premises and all facilities and equipment thereon and such affiliated program have been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use or participation.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE YMCA FOR ANY PURPOSE INCLUDING, BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY OFF-SITE PROGRAM AFFILIATED WITH THE YMCA, THE UNDERSIGNED,

1. THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE the YMCA, its directors, officers, employees, and agents (hereinafter referred to as "releases") from all liability to the undersigned his personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands thereon account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releases or otherwise while the undersigned is in, upon, or about the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA.
2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releases and each of them from any loss, liability, damage or cost they may incur due to the presence of the undersigned in, upon or about the YMCA premises or in any way observing or using any facilities or equipment of the YMCA or participating in any program affiliated with the YMCA whether caused by the negligence of the release or otherwise.
3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR ANY RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE due to negligence of releasee or otherwise while in, about or upon the premises of the YMCA and/or while using the premises or any facilities or equipment there on or participating in any program affiliated with the YMCA.

THE UNDERSIGNED further expressly agrees that the foregoing RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the State of Ohio and that if any portion thereof is held invalid, it is agreed that to balance shall, notwithstanding, continue in full force and effect.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and agrees that no oral representation, statements or inducement apart from the foregoing written agreement have been made.

Participant Signature _____ Date _____