

MARCH MADNESS 5K + FUN RUN

benefiting the Alzheimer's Association of Greater Cincinnati

SATURDAY, MARCH 20
Race Starts at 9:30 a.m.

5K COURSE: 3.1 miles starting and finishing at Riverside Park (Water Street and Victor Stier Drive) and includes city streets and a portion of the Bike Trail.

SCHEDULE OF EVENTS:

8:30 a.m. Event Day Registration
9:30 a.m. 5K and Fun Run
11:30 a.m. Awards Ceremony
12:00 p.m. Post Party in Milford. Please check our Website for updates at marchmadness5k.kintera.org/2010.

RAFFLE: Open before and after the race. Winners will be announced at the Awards Ceremony.

REGISTER ON-LINE: marchmadness5k.kintera.org/2010

Or call 513-721-4284 for more details.

***All pre-registered participants will receive a commemorative T-shirt.**

5K RACE CATEGORIES:

Runners (Men & Women)

14 and under, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over

Walkers (Men & Women)

29 and under, 30-39, 40-49, 50-59, 60 and over

AWARDS: Top three fundraisers and top male and female runners in each race category

ENTRY FEE:

\$35 Pre-registration - Must be **postmarked by 3/12**

\$40 Registration fee after 3/12

\$50 Registration fee with "MOVE" hat

\$15 Post Party only (not into 5Ks but want to party)

*online registration available until March 16, 11 p.m.

THANK YOU TO OUR SPONSORS (as of February 16)

The Lodge Retirement Community • SEM Haven Health Care Center
Coldwell Banker West Shell • National Bank and Trust

Accounting Plus • Speedpro Imaging • Catherine M. Moseley, CPA • Gary Lamond DDS LLC



March Madness 5K and Fun Run Entry Form

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-mail _____

Age as of 3/20/2010 _____ Gender: Male Female Category: Running Walking

Mail completed registration form and payment to:
Alzheimer's Association
March Madness 5K and Fun Run
644 Linn St., Suite 1026
Cincinnati, OH 45203

Registration Fee:

- \$35 if postmarked by 3/12/10
- \$50 - Registration fee with "MOVE" hat
- \$15 - Post Party only
- Enclosed is an additional \$_____ to help support the Alzheimer's Association.

Assumption of Risk, Release, and Permission:

In consideration of being allowed to participate in the March Madness 5K and Fun Run, I hereby assume all risks of personal injury, death or property loss arising in any way out of my participation. I represent that I am physically fit and able to participate in this event, and agree to assume all risks of my participation. I hereby release and agree not to sue Alzheimer's Association, its chapter, their respective officers, directors, volunteers, employees, sponsors and agents, as well as their affiliates, managers, coordinating groups, and entities associated with this event, from or in connection with any and all claims of liability and other claims arising out of my participation in this event. I grant full permission to the organizers of this event to use and publish my name and image as a participant in photographs, video, results, online and in print and for related publicity purposes.

Signature _____

Date _____

Parent/Guardian Signature (if under 18) _____