

1st Annual Mt Washington 5K Tower Run/Walk

Saturday June 7, 2008 at 9:00a.m.

Followed by FREE Kids Run at 10:00am for 8/under and Sounds of Stanbery from Noon-8:00pm

Thanks to our
Marathon Sponsor:



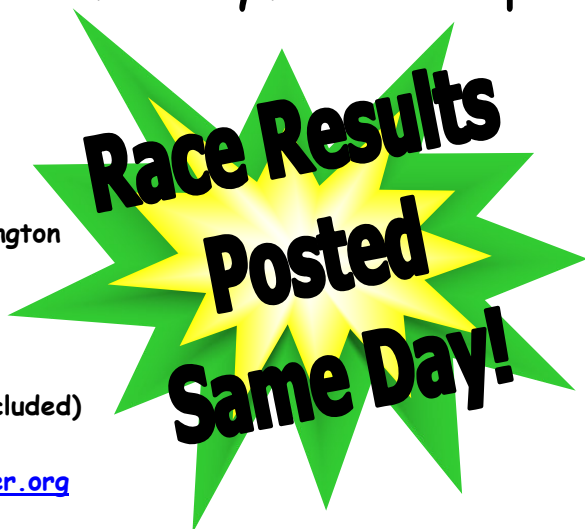
When: Saturday June 7, 2008

Where: Start/Finish at Stanbery Park, winding through Mt Washington

Time: 9:00 am

Awards: Age Division, Prizes, Great Goodie Bags

Registration: \$20.00 by June 1st (Includes T-Shirt)
\$20.00 Race Day registration (T-Shirt not included)
Online registration by June 3rd
At www.mwcc.org or www.andersonareachamber.org



Name: _____
Address: _____
City: _____
State: _____ Zip: _____
Phone: _____
Email: _____

5K Run or 5K Walk (circle)
T-Shirt Size (circle) S M L XL XXL
Gender (circle) M F
Run Divisions-Age _____ (Age as of 06/07/2008)
12/under, 13-18, 19-24, 25-29, 30-34, 35-39
45-49, 50-59, 60-69, 70/over

2 easy ways to pay:

Visit our website for PayPal payment Options
OR

Make checks payable to: MWCURC
Mail to: MWCURC c/o Al Schultz
P.O. Box 30189
Cincinnati, Ohio 45230

Walk Divisions- Age _____ (Age as of 06/07/2008)
12/under, 13-19, 20-29, 30-39, 40-49, 50-59,
60/over

Race Day registration begins at 7:45am
More information available at
www.mwcc.org or
www.andersonareachamber.org

Waiver (must be signed to constitute valid entry): In consideration of the acceptance of my entry, I for myself, my executors, administrators & assignees, do hereby release & discharge all claims of damages, demands, actions whatsoever in any manner arising out of my participation in said athletic event. I attest that I am physically fit and sufficiently trained and have full knowledge of the risk(s) involved. I also agree that I may be examined during the race by qualified personnel in the event that medical problems arise. The race officials or qualified personnel have the right to disqualify and remove me from the event, if in their opinion, I may be suffering from health and/or life threatening condition. Entries must be postmarked by June 1, 2008.

Participant Signature _____ Date: _____

Parent/Guardian (if under 18) _____ Date: _____

Notify in case of emergency _____ Phone: _____

Thanks to all our sponsors: Air Industrial Discount Fasteners, Dixie Fitness Club, Mt Washington Barbers, Music Makers, New York Classic Cafe, Scotty's Automotive Service, Tower Optical, Lisa's Billiards, Campus Café, Thumbprints, HairFactor



MT. WASHINGTON SAVINGS & LOAN
SINCE 1886
231-7871



Bob Donnelly



1st Annual Mt Washington 5K Tower Run/Walk



Special Thanks to our
Marathon Sponsor:



When:

Saturday, June 7, 2008

5k Run at 9:00 am

5k Walk at 9:00 am

Free Kids Run at 10:00 am

Where:

Start and Finish at Stanbery Park winding through Mt Washington.

Additional Parking available in Public Parking Lot off of Corby

Or behind KeyBank at the corner of Beechmont and Corby.

Awards:

Age Divisions, Prizes, Great Goodie Bags

Contact:

Al Schultz 513-231-2200

Web site www.mwcc.org

E-mail airindustrialsales@fuse.net

Event Information:

Course is 3.1 mile loop from Stanbery Park thru Mt Washington, past Mt Washington Water Tower and through Mt Washington neighborhoods. The course will enter the Mt Washington Recreation Center, go through its parking lot and return to Stanbery Park.

Directions:

From Downtown & West Side: Travel East on Columbia Park, take exit toward OH-561/OH-125/OH-32/Beechmont Ave., Merge onto Phyliss Ave, Slight right onto Beechmont Ave., Turn Right onto Corbly, Turn Right onto Oxford Ave behind Walgreens and Block Buster.

To find Public Parking turn left onto Oxford Ave from Corbly.

From East: Travel West on OH-125/Oh-132/Beechmont Ave, Turn Left at Campus, Turn Left onto Oxford.

To find Public Parking turn right onto Oxford Ave from Corbly.

Results:

Same Day Results will be posted on Greg McCormick's web site <http://www.runningtime.net>