



**SATURDAY, AUGUST 28, 2010 9:00 A.M.
AT THE HISTORIC KINGS MANSION**

The POWDER KEG 5K TRAIL RACE is presented by Deerfield Township and the Mason-Deerfield Arts Alliance. All proceeds benefit the Mason-Deerfield Arts Alliance toward future arts programming.

COURSE: 5K (about 3 miles) course explores the trails of the Historic Kings Mansion.
DIVISIONS: Run - Men & Women: 14/under, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 and 70/over. Walk – Men & Women 29/under, 30-39, 40-49, 50-59, 60/over
CASH PRIZES: Awarded to top three (3) Men and Women overall finishers: 1st – \$75; 2nd – \$50; 3rd – \$25
FREE SPORTS BAG: All pre-registered entrants will receive a quality sports bag courtesy of the Running Spot.
AWARDS: Age group awards will be presented immediately after the race. **DOOR PRIZES** chosen at random.
PRE-REGISTRATION: \$10 per person. Registration should be postmarked by Saturday, August 21, 2010.
ONLINE-REGISTRATION: Available thru Thursday, August 26th. Shirts and bags not guaranteed after 8/23.
T-SHIRTS: Powder Keg shirts are available for \$10 while supplies last. Pre-register if you know you want one.
RACE DAY REGISTRATION: Begins at 7:30 am. \$15 per person (\$10 T-shirts while supplies last).
POST RACE: Enjoy refreshments and stay for the awards and door prizes. Hot Dogs, Ice Cream and Drinks
BRING THE KIDS: There will be a Kid Art Activity Tent.
PARKING/DIRECTIONS: Ample Free parking at Kings Elementary next door. **Google: 1840 King Ave, 45034.**
EMAIL ADDRESSES: Confirmation and individual results will be emailed to all valid email addresses.
TRAIL SERIES: This is a points qualifier for the 2010 Dirt Days Trail Series. Check website for series details.



Contact: Greg McCormick at (513) 652-6225
 or: Fran M. Klatte with Deerfield Twp (513)701-6960
www.deerfieldtwp.com
 For complete information, course map, directions, on-line registration and results, visit:
www.RunningTime.net



Powder Keg Official Entry Form

Name: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Phone: _____
 Email: _____

\$10 Pre-registration, \$20 with T-shirt

Age (as of 8/28/10) _____ **Sex:** _____ **Race:** ___Run___ Walk **T-shirt:** S M L XL (\$10 each)

Waiver/ Release: (must be signed by participant): In consideration of the acceptance of my entry, I hereby waive on behalf of my heirs, executors and assigns, all claims of any nature arising from my participation in the Powder Keg Run/ Walk and do hereby release Deerfield Township, Running Time LLC, USATF and all sponsors, workers, officials and volunteers from any claim whatsoever arising from my participation in this event. I agree to abide by all the rules for participation and acknowledge that the Race Committee may refuse or return my entry at its discretion. I understand the risks for such a run and have trained adequately in preparation. I have noted any relevant medical conditions on this form.

Relevant medical conditions: _____
 Signature _____ Date: _____
 Parent's Signature (for entrants under age) _____ Date: _____
 In case of medical emergency, contact: _____ Phone: _____ or put "at race"

Make Checks Payable To: Deerfield Township **Mail to:** c/o Greg McCormick, 10119 Crosier Lane, Cincinnati, OH 45242