



8<sup>th</sup> Annual

# "Run for the Prize"

1 Corinthians 9:24

## 5K RUN / WALK

### LITTLE TYKE DASH

NEW FOR 2012 – WE ARE 'GOING SHIRTLESS'... IN LIEU OF RACE SHIRTS WE ARE PROVIDING CUSTOM DRAWSTRING BACKPACKS!!

**SUNDAY, JUNE 3, 2012 @ 8:00 A.M.**

ABIDING WORD LUTHERAN CHURCH  
8470 LANDEN DRIVE, MAINEVILLE OH 45039  
513.677.9357 / WWW.ABIDINGWORD.COM

Join us for our 8<sup>th</sup> Annual 5K run/walk. The beautiful, scenic course runs through the Landen Lakes area. And back by popular demand...our free pancake breakfast! Electronic timing and results too. (Online registration closes May 31st). Located near Landen Square Shopping Center. Follow us on facebook ☺

For online registration & information, directions & results visit:

[www.runningtime.net](http://www.runningtime.net)

or you may mail your entry (postmarked by May 25) to:

Greg McCormick  
10119 Crosier Lane  
Cincinnati, OH 45242

Please make your check payable to Abiding Word Lutheran Church  
Proceeds benefit Hoxworth Blood Center & Big Brothers and Sisters of  
Warren & Clinton Counties, Inc.

## RACE SCHEDULE

6/3/12

Registration/Packet Pick-Up.....6:45-7:45 AM

5K Run/Walk.....8:00 AM

Little Tyke Dash.....9:00 AM

(7 & under)

FREE Pancake Breakfast immediately following race

Race Awards.....9:10 AM

Please stay for church at 9:30am!

Top Male/Female Runner/Walker Age Group Awards

Runner Age Groups

14 & Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, and 65 & Over

Walker Age Groups

29 & Under, 20-29, 30-39, 40-49, 50-59, 60 & Over

## Run for the Prize Entry Form

Check Event	Postmarked by 5/25/12	Race Day
<input type="checkbox"/> 5K Run	\$15	\$20
<input type="checkbox"/> 5K Walk	\$15	\$20
<input type="checkbox"/> Little Tyke Dash	FREE	FREE

### Consent and Release of Liability

In consideration of the acceptance of my entry in the "Run For The Prize" 5K Run, 5K Walk or Little Tyke Dash; I do hereby for myself, my heirs, executors, and administrators, waive release and forever discharge any and all rights to claims for damages, whether based on negligence or any other theory of law, which I may have or which I may hereafter accrue to me against Abiding Word Lutheran Church, WELS, Deerfield Township, Warren County, the Race Committee, all race sponsors or contributors, and all other persons connected with the "Run For The Prize" event, individually or collectively, from all responsibilities for any or all injuries or damages to persons or property during the "Run For The Prize" Event, and I am physically fit and able to participate and or compete in the "Run for the Prize" event. In signing this entry form you agree to terms in this "Consent and Release of Liability" statement written in this form.

Age on 6/3/12 \_\_\_\_\_ Gender M F

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent\Guardian's Signature If Under 18